

I am sending a submission to the Nutrition Journal entitled, 'The nutritional knowledge, food habits and health attitude of Chinese university students: body image concept and diet experience among Chinese students'. The manuscript is 11 pages long and includes 3 tables and 1 figure. Previously, we reported the BMI distribution and body figure perceptions of Japanese female university students. This is our one of the series of papers examining body mass index and dietary life among Asian countries.

The finding of our paper will provide the necessity of the education strategies to improve competence in the area of nutrition in young Asian people.

I will serve as the corresponding author for this manuscript.

Sincerely,

Ruka Sakamaki