

Reviewer's report

Title: Efficacy of a Meal Replacement Diet Plan Compared to a Food-based Diet Plan after a Period of Weight Loss and Weight Maintenance: A Randomized Controlled Trial

Version: 2 **Date:** 11 January 2010

Reviewer: James Rohrer

Reviewer's report:

No revisions are necessary. This is a good paper that is a contribution to the field.

Level of interest: An article of outstanding merit and interest in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

'I declare that I have no competing interests'