

Author's response to reviews

Title: An increase of cereal intake as an approach to weight reduction in children is effective only when accompanied by nutrition education: a randomized controlled trial

Authors:

Jorge L Rosado (jlrosado@avantel.net)
María del R Arellano (roare2001@hotmail.com)
Karina Montemayor (carim7@yahoo.com.mx)
Olga P García (opgarcia@yahoo.com.mx)
María del Carmen Caamaño (mccaamano@hotmail.com)

Version: 3 **Date:** 4 August 2008

Author's response to reviews: see over



August 4th, 2008

The Nutrition Journal Editorial Team

Nutrition Journal

Re: MS: 3708766121934397

Attached please find a revised version of the paper entitled “An increase of cereal intake as an approach to weight reduction in children is effective only when accompanied by nutrition education: a randomized controlled trial”.

We reviewed the paper and included the reviewer’s recommendations. Below please find a response to each issue raised by reviewer’s specifying the changes that were made.

We believe the revised manuscript has improved considerably and look forward to its final acceptance in Nutrition Journal.

Sincerely,

Jorge L. Rosado, PhD.

Senior Scientist

School of Natural Sciences

Universidad Autónoma de Querétaro



RESPONSE TO REVIEWER 1

Title: An increase of cereal intake as an approach to weight reduction in children is effective only when accompanied by nutrition education: a randomized controlled trial

Version: 2 Date: 31 July 2008

Reviewer: Louise Aston

Reviewer's report:

The authors have made the suggested revisions and the changes have improved the manuscript.

Minor essential revisions.

P2 L1: change "is overweight" to "are overweight"

R: The reviewer's suggestion has been considered and text was changed accordingly.

Discretionary revisions

P3 L19 change alternate to possible..

R: The word was changed as suggested.

P.8, line 25: should this be 'difference in adjusted weight changes' rather than 'unadjusted difference'.

R: The value being described (2.02) was changed to 2.03 considering the number of decimals shown in the table to avoid confusion. This value refers to unadjusted difference between weight changes: -0.88 vs. 1.15 the text was modified to make it clearer: 'difference in unadjusted weight change'. The adjusted difference would be 2.20 (-1.01 vs 1.19).